



A Pledge For Grateful Living, by Brother David Steindl-Rast

In thanksgiving for life, I pledge
to overcome the illusion of ENTITLEMENT
by reminding myself that everything is gift
and, thus, to live GRATEFULLY.

In thanksgiving for life, I pledge
to overcome my GREED,Â
that confuses wants with needs,
by trusting that enough for all our needs is given to us
and to share GENEROUSLY
what i so generously receive.

In thanksgiving for life, I pledge
to overcome APATHY
by waking up to the opportunitiesÂ
that a given moment offers me
and so to respond CREATIVELY to every situation.

In thanksgiving for life, I pledge
to overcome VIOLENCE
by observing that fighting violence by violenceÂ
leads to more violence and death
and, thus, to foster life by acting NON-VIOLENTLY.

In thanksgiving to life, i pledge
to overcome FEAR which is the root of all violence
by looking at whatever i fear as an opportunity
and, thus, COURAGEOUSLY to lay the foundationÂ
for a peaceful future.