



The Moment We Encounter True Happiness, by Ilie Cioara

The moment we encounter true Happiness, we are in fact outside time and space. The “ego” with its intrinsic duality has completely disappeared.

In that moment, the Sacred within us, also existent in the whole universe, becomes one “Whole” and a Unique movement, in a permanent renewal.

Do we truly experience this union, or do we merely understand it intellectually? You alone can answer this question.

Each human being “from the moment of birth until the moment of the so-called death” persistently searches for this mysterious Happiness. Unfortunately, most people make the mistake of searching for it with the thinking mind.

Because Happiness has no motivations, It is not part of the limited world. Its nature is infinite; therefore the knowing mind cannot encounter It, or understand It, or imagine It.

Happiness comes to us by Itself, and It envelops our whole being when the mind becomes humble and silent, as it has understood its inability to encounter the Unknown.

Lucid Attention “with Its flashes” dissipates all the darkness, as well as the baggage of the dysfunctional mind.

In the empty space of peace or no-mind, our being is extended into Infinity; in that moment, the Divinity within us reveals we are one with the Source of the Sacred. In such an environment of “Pure Consciousness”, Happiness is present as a natural fulfillment and It is unlike anything that can be found in this perishable world.