



Nothing Else Matters, by Scott Morrison

Stop dead in your tracks.

It doesn't matter at all, what you've ever done, or not done.

It doesn't matter how grandiose, self-centered,
arrogant, or neurotic you've ever been.

It doesn't matter how brilliant you've been, or how stupid
you've been.

It doesn't matter what you've ever experienced, or not
experienced.

It doesn't matter how much good you've ever done, or how
much harm

you've ever done, your whole life long.

Nothing that has ever happened to you makes any difference at all.

It doesn't make any difference how many times you've been
enlightened, or not enlightened, or how powerful, profound, or intense
those experiences may have been.

The only thing that matters, that really matters at all,
is whether you are willing to be completely alive, awake and free,
this very moment – this very instant.

The only thing that makes any difference – any difference at all,
is whether you are willing to let go of all mental and emotional -
all historical and future versions of yourself and your life,
and simply be what you are, completely and absolutely, right now.

We are simply awareness – pure, infinite, and wide open.

Our nature is to be unconditionally kind, honest, wise, and sincere,
tender, affectionate, sensitive, and compassionate,
without reservation, right now.

It's the most natural thing in the world,
and there is nothing real in the way.

Everywhere is your home.

Everyone is your lover, your child, your mother, your father, your
sister, and your brother, your best friend. Every one is your own
reflection.

Your heart is aching to be What you are,
to be Everything that you are,
on this breath.

Don't put it off another instant.

--Scott Morrison