



Doing What You Love, by Barbara Sher

You should be doing what you love. What you love is as unique to you as your fingerprints. You need to know that because nothing will make you really happy but doing what you love. Just look at people who are actually living their dreams. You can see a calm focus in their eyes and patience in their actions. They know they're in the right place, doing the right thing. What you love is what you are gifted at. Only love will give you the drive to stick to something until you develop your gift. That's the way really big things get accomplished in this world -- by people no different than you and I who know what they want and put everything they've got behind it. If you don't know what you want, you can't get out of the starting gate -- and that's discouraging. But you're not alone. Recent figures show that as many as 98 percent of Americans are unhappy in their jobs. And it isn't only financial considerations that keep them where they are; they simply don't know what to do instead. What you may have thought was your private little nightmare turns out to be heartbreakingly common. Well, I have a surprise for you. You do know what you want. Everybody does. That's why you feel so restless when you can't find the right track. You sense there's some particular work you are meant to be doing. And you're right. Einstein needed to formulate theories of physics, Harriet Tubman needed to guide people to freedom, and you need to follow your original vision. As Vartan Gregorian said, "The universe is not going to see someone like you again in the entire history of creation." Each of us is one of a kind. Every living person has a completely original way of looking at the world, and originality always needs to express itself.