



Sacred Nothingness, by Vimala Thakar

"Vimalaji," I say, "these days a lot of people are interested in spirituality and yet it seems that only in very few is there a radical transformation of their consciousness and of their life." Vimala immediately responds, "My dear friend, they do not dedicate their lives to the truth they understand. They have desire for worldly pleasure, worldly recognition. Spirituality is one of the desires. It is not the supreme priority. Immediately start living the truth you understand! "Intellectually people may aspire for emancipation or enlightenment but emotionally they love small bondages around them. They go on weaving the network of bondages. They want to belong somewhere emotionally to the family, to their religion. In the name of security they create these emotional loyalties and a sense of exclusive belonging, while intellectually they aspire for absolute freedom, enlightenment. How can the two go together? "They are incompatible, and yet human beings who become sadhakas, inquirers, live a double life. They are not dishonest-- I'm talking about an inner division. They feel satisfied by knowing about liberation, reading about it, imagining it. They feel satisfied about this because the word 'liberation' has its own intoxication, the emotional feel about the meaning of the word has an intoxication. And they live by that intoxication. But there is no factual content. So this inner division causes the pathetic phenomenon that in the evening of their lives, their hands are empty. They only have the shells of words with them, not the inner substance of liberation." "One has to educate oneself. So first one discovers the division inside. Then, to eliminate the division, purification through education has to take place, because impurity is the only imbalance. Educate and sensitize and refine and purify the biological and the psychological aspects of our being-- then I think the inner division disappears." "In spirituality there is nothing to acquire, only to understand the truth and live it. When you are honestly inquiring, truth reveals itself. The 'I' has everything to lose, not get. And in that sacred nothingness and nobodyness, the wholeness gets revealed." --Vimala Thakar