You Carry Your Wound, by Osho

You carry your wound. With the ego, your whole being is a wound. And you carry it around. Nobody is interested in hurting you, nobody is positively waiting to hurt you; everybody is engaged in safeguarding his own wound. Who has got the energy? But still it happens, because you are so ready to be wounded, so ready, just waiting on the brink for anything.

You cannot touch a man of Tao. Why? - because there is no one to be touched. There is no wound. He is healthy, healed, whole. This word whole is beautiful. The word heal comes from the whole, and the word holy also comes from the whole. He is whole, healed, holy.

Be aware of your wound. Don't help it to grow, let it be healed; and it will be healed only when you move to the roots. The less the head, the more the wound will heal; with no head there is no wound. Live a headless life. Move as a total being, and accept things.

Just for twenty-four hours, try it - total acceptance, whatsoever happens. Someone insults you, accept it; don't react, and see what happens. Suddenly you will feel an energy flowing in you that you have not felt before.

-- Osho

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