



Planetary Beings with Planetary Hearts, by Clare Dakin

The instinct to fit in and feel safe seems stronger â€” to maintain the status quo â€” to be as comfortable and insulated as possible whilst praying like mad that someone else is going to step up and make this whole d(arn) mess go away.

Iâ€™m going to redefine it in this moment. Iâ€™m going to say that our instinctual self is the part of our essence that is woven into the fabric of all nature â€” our planetary self â€” the part that is vibrating with the essence of pure aliveness and the intelligence of every living thing â€” the part that has never been, and can never be, separate from the planet that lives and breathes us.

Within me, it feels like liquid fire. It is the very essence of the word essential. [...]

Can you feel it? I feel it so fiercely I can hardly stand it, and I donâ€™t think I have a choice but to let it take over and to h(eck) with the consequences. What do I want anyway? To stay this overly conditioned, fearful version of a woman that shies away from full throttle living or to allow nature to re-educate me from the toes up and from the inside out as to what it means to be truly, throbbingly, responsively, incandescently alive?

I choose the latter â€” although it feels very much like dying as what Iâ€™m not burns off and whatâ€™s more intrinsic and less known takes over. I say yes and I want all of us to say yes, because what we really are as women, is needed. Enough playing disconnected and safe â€” itâ€™s allowed us to get to where we are and where we are is crippling life, so very simply â€” it â€” and we â€” cannot â€” go on â€” like this.

There are ways of more consciously calling forth that liquid fire and of drenching ourselves with aliveness that is encoded with evolutionary wisdom. Nature's intelligence has been pulsing through us every second of our lives, but we have been blinded to it, severed from it, misdirected in how we think and where we place our attention and value.

What if we collectively call it forth? What if we choose to turn towards the rising tide and not just say yes to it, but give it full permission to take us over and powerfully re-educate us so that we can finally know what we are and what weâ€™re for?

Planetary beings, with planet sized hearts, capable of a planetary love so complete that we cannot allow for anything other than full

ecological restoration to be our legacy. That is my new definition of a human being and I for one, know that that is what I am becoming “ and if I am, then you are too.

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