



## Quotes, by Shunryu Suzuki

"A person who falls on earth, stumbling on a stone, will stand up by means of the same earth they fell on. You complain because you think earth is the problem, having caused your fall. Without the earth, you wouldn't fall, but you wouldn't stand up either. Falling and standing up are both great aids given to you by the earth. Because of mother earth you can continue your practice. You are practicing in the zendo of the great earth, which is the problem. Problems are actually your zendo." (zendo=place of meditation) "In reflecting on our problems, we should include ourselves." "In [meditation] leave your front door and back door open. Let thoughts come and go. Just don't serve them tea."  
-- Quotes by Shunryu Suzuki in 'Crooked Cucumber'

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