



Image of Myself, by Sailor Bob

If the river is flowing and I pull a bucket of water out, as soon as youâ€™ve got the bucket of water out of the river, that water is dead, its finished, and the river is left behind. Thatâ€™s what happens in life. Iâ€™ve got this image of myself based on the past events, experiences, and the conditioning thatâ€™s been my overall life. And I've added this image to that pure, first thought, "I AM". And so "I am this, Australian, male, and this happened to me and blah blah blah" and formed a mental concept of what I believe this person is. And thatâ€™s a dead ending. Life is constantly leaving that image behind. So, when I become something, I create another image in the future, "if I do such and such, then this will happen", well when that so called future comes, maybe this thing I have worked towards will be there, but will that be the finality? Will that be the happiness, the completeness? Of course not, because that also will be a dead end. - Sailor Bob, <http://www.ozemail.com.au/~cjreilly/bob/page05.htm>